

Patrick SFB Helping Agency

QUICK REFERENCE GUIDE



SEXUAL ASSAULT PREVENTION & RESPONSE (SAPR)

Immediate CC Response

ANYONE IN THE VICTIMS' CHAIN OF COMMAND WHO HAS KNOWLEDGE OF A SEXUAL ASSAULT MUST REPORT IT TO AFOSI AND THE SARC.

AFOSI: 494-5794 SARC: 494-4017 SAPR 24/7: 494-7272

Immediate Actions

Do not ask questions, take statements or investigate.
Provide "warm hand-off" to SARC.

Reporting Options

RESTRICTED REPORT (military and their adult dependents, DOD Civilians only) can only be offered when reported to SARC, Victim Advocate or Healthcare provider

- Command is not notified

Victims will receive:

- SARC/VA support
- Medical/mental health care
- Victims' Counsel (VC)

UNRESTRICTED REPORT (military and their adult dependents, civilians/contractors) can be offered when reporting to SARC, VA, healthcare, CC, 1st Sgt, supervisor

- Command is notified

- AFOSI investigates

Victims will receive:

- SARC/VA support
- Medical/mental health care
- Victims' Counsel (VC)
- Option of Expedited Transfer (PCA/PCS)

SEXUAL HARASSMENT

Informal and Formal Complaints

- Discrimination based on race, color, religion, sex, national origin; age, disability, genetic information or reprisal (civilians only)
- Sexual Harassment
- Non-Sexual Harassment - EO 494-6333

Reporting Options

RESTRICTED REPORT option allows for military members to confidentially report sexual harassment and includes:

- Victims Council (VC)
- Mental Health
- SARC/VA Support

UNRESTRICTED REPORT (options allows for military and civilian members to report sexual harassment and includes:

- Victims Council (VC)
- Mental Health
- SARC/VA Support
- Victim Advocacy with referral to EO and unit command

Resources

SAPR Office: 494-7362

Mental Health: 494-8234

Family Advocacy: 494-8171

Medical Clinic: 494-8241

Chaplain: 494-4073

MFLC: 321-301-0406

AFOSI: 494-5794

Legal: 494-2281

Sexual Assault Victim

Services (forensic exams):

321-784-4357

DoD Safe Helpline:

877-995-5247

INTEGRATED RESILIENCE & PREVENTION OFFICE

Phone – 321-494-3743 • Bldg 423, Rm S-229

- Resilience Training Program
 - Master Resilience Trainers (MRTs)
 - Resilience Trainer Assistants (RTAs)
- Resilience Day
- Community Action Team (CAT)
- Community Action Board (CAB)
- Community Action Plan (CAP)



SUICIDE PREVENTION

PHONE 321-494-6968 • Bldg 423, Rm S-230

- Suicide Prevention Hotline 988

Ask Your Wingman/Guardian

- Have the courage to ask the question, but stay calm
- Ask the question directly: Are you thinking of killing yourself?

Care for Your Wingman/Guardian

- Calmly control the situation; do not use force; be safe
- Actively listen to show understanding and provide support
- Remove any means that could be used for self-injury

Escort Your Wingman/Guardian

- Never leave your Wingman/Guardian alone
- Escort to chain of command, Chaplain, behavioral health professional, or primary care provider

Learn more @ www.patrick.spaceforce.mil

ADAPT - Alcohol and Drug Abuse Prevention and Treatment

Phone - 494-8234 • Bldg 1370

- Substance abuse evaluations & treatment
- Self-referral and command-referral

MILITARY & FAMILY READINESS CENTER

Phone - 494-5676 • Bldg 722

- Air Force Aid Society/Navy Emergency Relief/Army Emergency Relief emergency financial assistance
- Casualty/Survivors Benefit Program
- Employment Assistance
- Family Readiness
- Personal Financial Management
- Relocation Assistance
- Transition Assistance



CHAPEL

Phone - 494-4073 • Bldgs 439 & 440 Seaside

Chapel, Bldg 3659 - South Housing Chapel

After duty hours - Command Post, 494-7000

- Worship services & religious education
- Unit visitation & 100% confidential counseling
- Nurturing activities for the entire family

CHILD & YOUTH PROGRAMS

Child Development Center - 494-7028

Bldg 1000

Family Child Care - 494-2233

Bldg 537, Rm 115

Youth Programs - 494-3006

Bldg 3656, S. Housing

School Liaison Office (SLO) - 494-1991

Bldg 537, Rm 111

EFMP Respite Care - 494-2233

Bldg 537, Rm 115



EQUAL OPPORTUNITY

Phone - 494-6333 • Bldg 423, Rm S-204

- Complaint processing for military and their family members, civilians, NAF, and retirees
- Alternate Dispute Resolution
- Human Relations Education (HRE)

EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP-Medical)

Phone - 494-6493 • Bldg 1380

- ID special needs family members to coordinate PCS
- Provides assignment considerations for sponsors
- Mandatory for family members meeting criteria

EFMP - Family Support

Phone - 494-5676 • Bldg 722

- Conduct family needs assessment
- Provide family service plans
- Coordinate local, state, federal resources/referrals
- Offer workshops, education & fun events
- Offer enhanced support to deployed families
- Market respite child care program



FAMILY ADVOCACY

Phone - 494-8171 • Bldg 1370

- Family Advocacy Strength-Based Therapy (FAST)
 - Off-the-record counseling
- Community Outreach - Parenting Classes and relationship enhancement
- Maltreatment services / Domestic Violence and Child Abuse prevention and treatment

HEALTH PROMOTION

Phone - 494-2660 • Bldg 1380

- Healthy Lifestyles through
 - BOD POD/Metachek assessment
 - Healthy Eating
 - Healthy Weight Program/Nutrition Consults
 - Diabetes/Cholesterol/Blood Pressure Education

MENTAL HEALTH - Active Duty Only

Phone - 494-8234 • Bldg 1370

- Individual and group counseling
- Pre/post deployment support

MILITARY & FAMILY LIFE COUNSELORS (MFLC)

Phone - 321-301-0406 • Bldg 722

Phone - 321-474-1530 (Children and Youth)

Bldg 1000 or 3656

- Free counseling
- No records are kept and sessions are anonymous

SARC

24/7 Helpline - 494-7272

Cell - 446-9784 • Bldg 423, Rm S-228

- Point of contact for all PSFB sexual assaults (minors and intimate partners are referred to Family Advocacy)
- Crisis intervention, support, case management, information and referral

