

# Patrick SFB Helping Agency

## QUICK REFERENCE GUIDE



### SEXUAL ASSAULT PREVENTION & RESPONSE (SAPR)

#### Immediate CC Response

ANYONE IN THE VICTIMS' CHAIN OF COMMAND WHO HAS KNOWLEDGE OF A SEXUAL ASSAULT MUST REPORT IT TO AFOSI AND THE SARC.

AFOSI: 494-5794 SARC: 494-4017 SAPR 24/7: 494-7272

#### Immediate Actions

Do not ask questions, take statements or investigate.  
Provide "warm hand-off" to SARC.

#### Reporting Options

**RESTRICTED REPORT** (military and their adult dependents, DOD Civilians only) can only be offered when reported to SARC, Victim Advocate or Healthcare provider

- Command is not notified
  - Victims will receive:
    - SARC/VA support
    - Medical/mental health care
    - Victims' Counsel (VC)

**UNRESTRICTED REPORT** (military and their adult dependents, civilians/contractors) can be offered when reporting to SARC, VA, healthcare, CC, 1st Sgt, supervisor

- Command is notified
- AFOSI investigates
  - Victims will receive:
    - SARC/VA support
    - Medical/mental health care
    - Victims' Counsel (VC)
    - Option of Expedited Transfer (PCA/PCS)

### SEXUAL HARASSMENT

#### Informal and Formal Complaints

- Discrimination based on race, color, religion, sex, national origin; age, disability, genetic information or reprisal (civilians only)
- Sexual Harassment
- Non-Sexual Harassment - EO 494-6333

#### Reporting Options

**RESTRICTED REPORT** option allows for military members to confidentially report sexual harassment and includes:

- Victims Council (VC)
- Mental Health
- SARC/VA Support

**UNRESTRICTED REPORT** (options allows for military and civilian members to report sexual harassment and includes:

- Victims Council (VC)
- Mental Health
- SARC/VA Support
- Victim Advocacy with referral to EO and unit command

#### Resources

SAPR Office: 494-7362  
Mental Health: 494-8234  
Family Advocacy: 494-8171  
Medical Clinic: 494-8241  
Chaplain: 494-4073  
MFLC: 321-301-0406  
AFOSI: 494-5794

Legal: 494-2281  
Sexual Assault Victim  
Services (forensic  
exams):  
321-784-4357  
DoD Safe Helpline:  
877-995-5247

### INTEGRATED RESILIENCE & PREVENTION OFFICE

Phone - 321-494-3743 • Bldg 423, Rm S-229

- Resilience Training Program
  - Master Resilience Trainers (MRTs)
  - Resilience Trainer Assistants (RTAs)
- Resilience Day
- Community Action Team (CAT)
- Community Action Board (CAB)
- Community Action Plan (CAP)



### SUICIDE PREVENTION

PHONE 321-494-6968 • Bldg 423, Rm S-230

- Suicide Prevention Hotline 988

#### Ask Your Wingman/Guardian

- Have the courage to ask the question, but stay calm
- Ask the question directly: Are you thinking of killing yourself?

#### Care for Your Wingman/Guardian

- Calmly control the situation; do not use force; be safe
- Actively listen to show understanding and provide support
- Remove any means that could be used for self-injury

#### Escort Your Wingman/Guardian

- Never leave your Wingman/Guardian alone
- Escort to chain of command, Chaplain, behavioral health professional, or primary care provider

Learn more @ [www.patrick.spaceforce.mil](http://www.patrick.spaceforce.mil)



## **ADAPT - Alcohol and Drug Abuse Prevention and Treatment**

Phone - 494-8234 • Bldg 1370

- Substance abuse evaluations & treatment
- Self-referral and command-referral

## **MILITARY & FAMILY READINESS CENTER**

Phone - 494-5676 • Bldg 722

- Air Force Aid Society/Navy Emergency Relief/Army Emergency Relief emergency financial assistance
- Casualty/Survivors Benefit Program
- Employment Assistance
- Family Readiness
- Personal Financial Management
- Relocation Assistance
- Transition Assistance



## **CHAPEL**

Phone - 494-4073 • Bldgs 439 & 440 Seaside

Chapel, Bldg 3659 - South Housing Chapel

After duty hours - Command Post, 494-7000

- Worship services & religious education
- Unit visitation & 100% confidential counseling
- Nurturing activities for the entire family

## **CHILD & YOUTH PROGRAMS**

Child Development Center - 494-7028

Bldg 1000

Family Child Care - 494-2233

Bldg 537, Rm 115

Youth Programs - 494-3006

Bldg 3656, S. Housing

School Liaison Office (SLO) - 494-1991

Bldg 537, Rm 111

EFMP Respite Care - 494-2233

Bldg 537, Rm 115



## **EQUAL OPPORTUNITY**

Phone - 494-6333 • Bldg 423, Rm S-204

- Complaint processing for military and their family members, civilians, NAF, and retirees
- Alternate Dispute Resolution
- Human Relations Education (HRE)

## **EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP-Medical)**

Phone - 494-6493 • Bldg 1380

- ID special needs family members to coordinate PCS
- Provides assignment considerations for sponsors
- Mandatory for family members meeting criteria

## **EFMP - Family Support**

Phone - 494-5676 • Bldg 722

- Conduct family needs assessment
- Provide family service plans
- Coordinate local, state, federal resources/referrals
- Offer workshops, education & fun events
- Offer enhanced support to deployed families
- Market respite child care program

## **FAMILY ADVOCACY**

Phone - 494-8171 • Bldg 1370

- Family Advocacy Strength-Based Therapy (FAST)
  - Off-the-record counseling
- Community Outreach - Parenting Classes and relationship enhancement
- Maltreatment services / Domestic Violence and Child Abuse prevention and treatment



## **HEALTH PROMOTION**

Phone - 494-2660 • Bldg 1380

- Healthy Lifestyles through
  - BOD POD/Metachek assessment
  - Healthy Eating
  - Healthy Weight Program/Nutrition Consults
  - Diabetes/Cholesterol/Blood Pressure Education

## **MENTAL HEALTH - Active Duty Only**

Phone - 494-8234 • Bldg 1370

- Individual and group counseling
- Pre/post deployment support

## **MILITARY & FAMILY LIFE COUNSELORS (MFLC)**

Phone - 321-301-0406 • Bldg 722

Phone - 321-474-1530 (Children and Youth)

Bldg 1000 or 3656

- Free counseling
- No records are kept and sessions are anonymous

## **SARC**

24/7 Helpline - 494-7272

Cell - 446-9784 • Bldg 423, Rm S-228

- Point of contact for all PSFB sexual assaults (minors and intimate partners are referred to Family Advocacy)
- Crisis intervention, support, case management, information and referral

