# Patrick SFB Helping Agency QUICK REFERÉNCE GUIDE



#### SEXUAL ASSAULT PREVENTION & RESPONSE (SAPR)

**Immediate CC Response** 

ANYONE IN THE VICTIMS' CHAIN OF COMMAND WHO HAS KNOWLEDGE OF A SEXUAL ASSAULT MUST REPORT IT TO AFOSI AND THE SARC.

AFOSI: 494-5794 SARC: 494-4017 SAPR 24/7: 494-7272

#### **Immediate Actions**

Do not ask questions, take statements or investigate. Provide "warm hand-off" to SARC.

#### Reporting Options

RESTRICTED REPORT (military and their adult dependents, DOD Civilians only) can only be offered when reported to SARC, Victim Advocate or Healthcare provider

· Command is not notified

Victims will receive:

- SARC/VA support
- · Medical/mental health care
- Victims' Counsel (VC)

**UNRESTRICTED REPORT** (military and their adult dependents, civilians/contractors) can be offered when reporting to SARC, VA, healthcare, CC, 1st Sgt, supervisor

- · Command is notified
- AFOSI investigates

Victims will receive:

- SARC/VA support
- · Medical/mental health care
- Victims' Counsel (VC)
- Option of Expedited Transfer (PCA/PCS)

#### SEXUAL HARASSMENT

#### Informal and Formal Complaints

- · Discrimination based on race, color, religion, sex, national origin; age, disability, genetic information or reprisal (civilians only)
- Sexual Harassment
- Non-Sexual Harassment EO 494-6333

#### **Reporting Options**

RESTRICTED REPORT option allows for military members to confidentially report sexual harassment and includes:

- · Victims Council (VC)
- Mental Health
- SARC/VA Support

UNRESTRICTED REPORT (options allows for military and civilian members to report sexual harassment and includes:

- · Victims Council (VC)
- · Mental Health
- SARC/VA Support
- · Victim Advocacy with referral to EO and unit command

#### Resources

SAPR Office: 494-7362 Mental Health: 494-8234 Family Advocacy: 494-8171 Medical Clinic: 494-8241 Chaplain: 494-4073 MFLC: 321-301-0406 AFOSI: 494-5794

Legal: 494-2281 Sexual Assault Victim Services (forensic exams): 321-784-4357 DoD Safe Helpline: 877-995-5247

# **INTEGRATED RESILIENCE & PREVENTION OFFICE**

Phone - 321-494-3743 • Bldg 423, Rm S-229

- Resilience Training Program

  - Resilience Trainer Assistants (RTAs) Community Action Plan (CAP)
- Resilience Day

- Community Action Team (CAT)
- Master Resilience Trainers (MRTs)
  Community Action Board (CAB)



### SUICIDE PREVENTION

PHONE 321-494-6968 • Bldg 423, Rm \$-230

Suicide Prevention Hotline 988

#### Ask Your Wingman/Guardian

- Have the courage to ask the question, but stay calm
- · Ask the question directly: Are you thinking of killing yourself?

#### Care for Your Wingman/Guardian

- · Calmly control the situation; do not use force; be safe
- Actively listen to show understanding and provide support
- · Remove any means that could be used for self-injury

#### **Escort Your Wingman/Guardian**

- · Never leave your Wingman/Guardian alone
- Escort to chain of command, Chaplain, behavioral health professional, or primary care provider

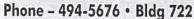
Learn more @ www.patrick.spaceforce.mil

### **ADAPT - Alcohol and Drug** Abuse Prevention and Treatment

Phone - 494-8234 • Bldg 1370

- Substance abuse evaluations & treatment
- Self-referral and command-referral

### MILITARY & FAMILY READINESS CENTER



- Air Force Aid Society/Navy Emergency Relief/Army Emergency Relief emergency financial assistance
- Casualty/Survivors Benefit Program
- Employment Assistance
- Family Readiness
- Personal Financial Management
- Relocation Assistance
- Transition Assistance

### CHAPEL

Phone - 494-4073 • Bldgs 439 & 440 Seaside Chapel, Bldg 3659 - South Housing Chapel After duty hours – Command Post, 494-7000

- Worship services & religious education
- Unit visitation & 100% confidential counseling
- Nurturing activities for the entire family

### CHILD & YOUTH PROGRAMS

Child Development Center - 494-7028 Bldg 1000

Family Child Care - 494-2233 Bldg 537, Rm 115

Youth Programs - 494-3006 Bldg 3656, S. Housing

School Liaison Office (SLO) - 494-1991 Bldg 537, Rm 111

EFMP Respite Care – 494-2233 Bldg 537, Rm 115

## **EQUAL OPPORTUNITY**

Phone - 494-6333 • Bldg 423, Rm S-204

- Complaint processing for military and their family members, civilians, NAF, and retirees
- Alternate Dispute Resolution
- Human Relations Education (HRE)

### EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP-Medical)

Phone - 494-6493 • Bldg 1380

- ID special needs family members to coordinate PCS
- Provides assignment considerations for sponsors
- Mandatory for family members meeting criteria

# **EFMP - Family Support**

Phone - 494-5676 • Bldg 722

- Conduct family needs assessment
- Provide family service plans
- Coordinate local, state, federal resources/referrals
- Offer workshops, education & fun events
- Offer enhanced support to deployed families
- Market respite child care program

### FAMILY ADVOCACY

Phone - 494-8171 · Bldg 1370

- Family Advocacy Strength-Based Therapy (FAST)
  - Off-the-record counseling
- Community Outreach Parenting Classes and relationship enhancement
- Maltreatment services / Domestic Violence and Child Abuse prevention and treatment

#### HEALTH PROMOTION

Phone - 494-2660 • Bldg 1380

- Healthy Lifestyles through
  - BOD POD/Metachek assessment
  - Healthy Eating
  - Healthy Weight Program/Nutrition Consults
- Diabetes/Cholesterol/Blood Pressure Education

### MENTAL HEALTH - Active Duty Only

Phone - 494-8234 • Blda 1370

- Individual and group counseling
- Pre/post deployment support

# MILITARY & FAMILY LIFE **COUNSELORS (MFLC)**

Phone - 321-301-0406 • Bldg 722 Phone – 321-474-1530 (Children and Youth) Bldg 1000 or 3656

- Free counseling
- No records are kept and sessions are anonymous

### SARC

24/7 Helpline - 494-7272

Cell - 446-9784 • Bldg 423, Rm S-228

- Point of contact for all PSFB sexual assaults (minors and intimate partners are referred to Family Advocacy)
- · Crisis intervention, support, case management, information and referral





